

NATIONAL CROSS-COUNTRY CHAMPIONSHIPS OF SCOTLAND.

AT HAMILTON PARCOURSE ON SATURDAY 28TH FEB.

1963.

JUNIORS 5 MILES

1. A. F. MURRAY (EDINBURGH UNIVERSITY)	23.55	38. G. GREENSHIELDS (HAMILTON HARRIERS)	27.1
2. M. RYAN (ST. MORGAN'S A.C.)	24.26	39. J. WEBBER (EDINBURGH SOUTHERN HARRIERS)	27.1
3. A. P. BROWN (MOTHEWELL Y.M.C.A.)	24.27	40. M. JARRON (HERIOT. C.C.C.)	27.1
4. J. K. STEWART (VALE OF LEVEN A.C.)	24.38	41. H. T. DOHERTY (SHETTLESFORD HARRIERS)	27.2
5. J. C. DOUGLAS (TEVIOTDALE HARRIERS)	24.44	42. E. BRADLEY (PAISLEY HARRIERS)	27.2
6. A. LEITCH (GATESHEAD HARRIERS)	24.56	43. J. McLEAN (BETH HARRIERS)	27.2
7. C. J. ELSON (EDINBURGH UNIVERSITY)	24.59	44. W. STRICKLAND (AYR SEAFORTH A.C.)	27.3
8. J. R. JOHNSTONE (MONKLAND HARRIERS)	25.09	45. A. MILROY (DUMBARTON A.A.C.)	27.3
9. G. BROWNLEE (EDINBURGH SOUTHERN HARRIERS)	25.23	46. A. RODEN (TEVIOTDALE HARRIERS)	27.3
10. W. EWING (ABERDEEN UNIVERSITY)	25.31	47. J. ROUGH (ST. ANDREWS UNIVERSITY)	27.3
11. D. McLEAN (DUNDEE HAWTHILL HARRIERS)	25.37	48. E. TAIT (TEVIOTDALE HARRIERS)	27.3
12. I. HOPKINS (GREENOCK GLENPAK)	25.48	49. P. KEARNS (VICTORIA PARK A.A.C.)	27.3
13. J. McHATTIE (ST. MORGAN'S A.C.)	25.55	50. D. BARR (ROYAL COLLEGE S & T.)	27.4
14. R. C. SHEPHERD (GLASGOW UNIVERSITY)	26.03	51. C. FALCONER (EDINBURGH SOUTHERN HARRIERS)	27.4
15. A. I. C. HERRON (EDINBURGH SOUTHERN HARRIERS)	26.11	52. R. SAINES (ST. ANDREWS UNIVERSITY)	27.4
16. R. YOUNG (EDINBURGH UNIVERSITY)	26.15	53. A. MORRISON (MARTHA HARRIERS)	27.4
17. G. O. REID (ABERDEEN UNIVERSITY)	26.23	54. D. MARTIN (GARGSCUBIE HARRIERS)	27.5
18. R. HOULET (GREENOCK GLENPAK)	26.27	55. D. MACDOUGALL (GLASGOW UNIVERSITY)	27.5
19. R. D. BAILLIE (GLASGOW UNIVERSITY)	26.29	56. R. O'NEILL (BELLHOUSE HARRIERS)	28.0
20. J. FINN (MONKLAND HARRIERS)	26.30	57. R. LOCHHEAD (SPRINGBURN HARRIERS)	28.0
21. R. McKEAN (ST. ANDREWS UNIVERSITY)	26.31	58. D. McLARDY (ST. ANDREWS UNIVERSITY)	28.1
22. B. SCOBIE (GLASGOW UNIVERSITY)	26.32	59. N. McPHAIL (GLASGOW UNIVERSITY)	28.2
23. A. SMITH (VICTORIA PARK A.A.C.)	26.39	60. H. ROBERTSON (HAMILTON HARRIERS)	28.2
24. C. BRIGGS (SHETTLESFORD HARRIERS)	26.39	61. J. KEENAN (SPRINGBURN HARRIERS)	28.2
25. G. EVANS (EDINBURGH UNIVERSITY)	26.40	62. D. YOUNG (BELLHOUSE HARRIERS)	28.2
26. D. CLARK (ABERDEEN UNIVERSITY)	26.42	63. J. WILSON (AYR SEAFORTH A.C.)	28.2
27. D. M. McDONALD (EDINBURGH UNIVERSITY)	26.45	64. J. C. STEWART (AYR SEAFORTH A.C.)	28.3
28. D. SAGAR (ST. ANDREWS UNIVERSITY)	26.49	65. W. McCUBBIN (PAISLEY HARRIERS)	28.3
29. W. P. TURNBULL (TEVIOTDALE HARRIERS)	26.50	66. A. VYSE (ABERDEEN UNIVERSITY)	28.3
30. G. McIVER (SHETTLESFORD HARRIERS)	26.52	67. J. THORPE (EDINBURGH UNIVERSITY)	28.3
31. T. P. CALLAGHAN (MONKLAND HARRIERS)	26.57	68. R. D. CHAMBERS (EDINBURGH A.C.)	28.4
32. J. McLEISH (BETH HARRIERS)	26.58	69. M. DAVIES (ST. ANDREWS UNIVERSITY)	28.4
33. D. GUNN (EDINBURGH SOUTHERN HARRIERS)	27.01	70. J. DIXON (ABERDEEN A.A.C.)	28.5
34. R. MASSON (EDINBURGH SOUTHERN HARRIERS)	27.05	71. F. KELLY (HAMILTON HARRIERS)	28.5
35. P. SHEPHERD (ST. ANDREWS UNIVERSITY)	27.07	72. L. ANDERSON (ABERDEEN A.A.C.)	28.5
36. J. MILLAR (BETH HARRIERS)	27.11	73. D. MCKINNON (BELLHOUSE HARRIERS)	28.5
37. B. GOODWIN (BELLHOUSE HARRIERS)	27.14	74. A. MCKENZIE (HERIOT C.C.C.)	29.0

SCOTTISH NATIONAL JUNIOR C & CHAMPIONSHIP 1963

75	W McCulloch (SHOTS WARRIORS)	2905
76	A RIDDY (GREENOCK GRAMMAR)	2908
77	K McALISTIN (ROYAL COLLEGE ST)	2909
78	B JAMIESON (EDINBURGH UNIVERSITY)	2911
79	D JACKSON (AYR SEAFORTH)	2916
80	A MATTHEW (EDINBURGH UNIVERSITY)	2916
81	I NOBLE (ABERDEEN UNIVERSITY)	2916
82	K THOMSON (ROYAL COLLEGE ST)	2930
83	W RUTHERFORD (GLASGOW UNIVERSITY)	2955
84	A IRVING (GLASGOW UNIVERSITY)	2938
85	T GALLACHER (ROYAL COLLEGE ST)	2838
86	R JENNIE (ABERDEEN UNIVERSITY)	2944
87	T MURRAY (HAMILTON HARRIES)	2953
88	A WALKER (EDINBURGH AC)	2955
89	D CAMPBELL (PRISLEY HARRIES)	2957
90	I BRIDIE (EDINBURGH AC)	2958
91	W BOYES (EDINBURGH SOUTHERN)	3009
92	A GALLOWAY (KIRKCALDY YM)	3011
93	D SHERRON (BREITH HARRIES)	3015
94	A AITKEN (ABERDEEN AAC)	3029
95	R MONTAGUE (VALE OF LEVEN)	3052
96	W STEIN (SHETLAND HARRIES)	3100
97	G GRANT (ROYAL COLLEGE ST)	3105
98	W GRANGER (MONKLAND HARRIES)	3107
99	R McDONALD (OLAMPIE HARRIES)	3127
100	D RITCHIE (ABERDEEN AAC)	3146
101	J EUNNINGHAM (BELLHURST H)	3147
102	C PENNYCOOK (BELLHURST H)	3147
103	J CONNOR (CAMBUSLANG HARRIES)	3213
104	C DEVON (MOTHERWELL YM CA)	3230
105	K BIRKMYRE (SHETLAND HARRIES)	3247
106	J MCBRIDE (CAMBUSLANG H)	3316

106 FINISHED

TEAMS

EDINBURGH UNIVERSITY

A F MURRAY	1
C FELSON	7
R YOUNG	16
G EVANS	25
	49

D McDONALD	27
J THORNE	67
B JAMIESON	78
A MATSON	80

(2) EDINBURGH SOUTHERN H

G BROWNLEE	9
A HERON	15
D GUNN	33
R MASSW	34
	91

J WASSER 39

C FALCONER 51

W BOYES 91

(3) GLASGOW UNIVERSITY

R SHEPHERD	14
R BAILLIE	19
B SCOBIE	22
D McDONALD	55
	110

N McPHER 59

W RUTHERFORD 83

A IRVING 84

(4) ABERDEEN UNIVERSITY

10 17 46 66 119

(5) TRINITY HARRIES

5 29 46 48 128

(6) ST ANDREWS UNIVERSITY

21 28 25 47 131

(7) MONKLAND HARRIES

8 20 31 98 157

(8) SHETLAND HARRIES

C BRIGGS	24
G McIVER	30
H DOUGHERTY	41
W STEIN	96

191

NATIONAL CROSS-COUNTRY CHAMPIONSHIPS.

AT HAMILTON RACECOURSE ON SATURDAY 23RD FEB.

1963.

YOUTHS 3 MILES.

1. I. McCAFFEY (MOTHERWELL Y.M.C.A)	14.12	37. I. FAIRNIE (LEWISDALE SPARTANS)	15.58
2. I. YOUNG (SPRINGBURN HARRIERS)	14.23	38. I. HAMILTON (SPRINGBURN HARRIERS)	16.04
3. R. CARROW (EDINBURGH A.C.)	14.27	39. R. SHIELDS (CLYDESDALE HARRIERS)	16.07
4. J. BRENNAN (MARTHILL HARRIERS)	14.39	40. A. McFARLANE (ST. MODANS A.C)	16.08
5. T. BROWN (ST. MODANS A.C.)	14.41	41. K. SHEPHERD (GREENOCK WELLPARK)	16.10
6. A.D. MIDDLETON (SPRINGBURN HARRIERS)	14.54	42. G. BORTHWICK (GEORGE HERIOTS SCHOOL)	16.10
7. R. WEDLOCK (SHETTLESTON HARRIERS)	15.01	43. W. PEARCE (TEVIOTDALE HARRIERS)	16.12
8. W. FLEMING (KIRKCALDY Y.M.C.A)	15.06	44. R. STEVENSON (MIDMILL HARRIERS)	16.14
9. R. DARROCH (MOTHERWELL Y.M.C.A)	15.09	45. J. BOTTOMLEY (GREENOCK WELLPARK)	16.16
10. J. RAEBURN (TEVIOTDALE HARRIERS)	15.12	46. M. PRENTICE (ST. MODANS A.C.)	16.18
11. K. LAWRIE (STRANRAER HARRIERS)	15.13	47. A. WITTS (EDINBURGH SOUTHERN HARRIERS)	
12. M. FLOCKHART (KIRKCALDY Y.M.C.A)	15.14	48. T. CHRISTIE (ST. MODANS A.C.)	
13. J. REILLY (VICTORIA PARK A.A.C)	15.17	49. F. MORTON (SPRINGBURN HARRIERS)	
14. S. GRANT (MOTHERWELL Y.M.C.A)	15.21	50. G. SPENCE (GREENOCK GLENPARK HARRIERS)	
15. T. HUGHES (DUMBARTON A.A.C)	15.25	51. J. McBAIN (EDINBURGH SOUTHERN HARRIERS)	
16. G. KAY (SHETTLESTON HARRIERS)	15.26	52. W. BRUCE (EDINBURGH SOUTHERN HARRIERS)	
17. J. LEE (KIRKCALDY Y.M.C.A)	15.27	53. R. FINDLAY (MOTHERWELL Y.M.C.A)	
18. W. EADIE (ST. MODANS A.C)	15.28	54. R. McCORMICK (GARSCLUBE HARRIERS)	
19. D. FLEMING (GEORGE HERIOTS SCHOOL)	15.28	55. G. NAPIER (CAMBUSLANG HARRIERS)	
20. D. SMITH (KIRKCALDY Y.M.C.A)	15.30	56. S. McCRAE (KIRKCALDY Y.M.C.A)	
21. G. SKINNER (SHETTLESTON HARRIERS)	15.34	57. J. LEES (VICTORIA PARK A.A.C.)	
22. N. JAMIESON (GEORGE HERIOTS SCHOOL)	15.35	58. I. ROBERTSON (DUNDEE HAWK HILL HARRIERS)	
23. J. SIMPSON (PAISLEY HARRIERS)	15.37	59. I. ROSEWEIR (LARKHALL Y.M.C.A)	
24. A. MENTILAY (KIRKCALDY Y.M.C.A)	15.37	60. K. SIGRIST (GLASGOW UNATTACHED)	
25. M. BRADLEY (PAISLEY HARRIERS)	15.37	61. D. McFARQUHAR (ABERDEEN UNIVERSITY)	
26. C. JARVIE (CAMBUSLANG HARRIERS)	15.41	62. J. BROWN (SPRINGBURN HARRIERS)	
27. K. Nimmo (BELLARHOUSTON HARRIERS)	15.41	63. T. DOLAN (SHETTLESTON HARRIERS)	
28. W.B. FLEMING (GEORGE HERIOTS SCHOOL)	15.41	64. J. KIDD (GARSCLUBE HARRIERS)	
29. R. OLIVER (DUNDEE HAWK HILL HARRIERS)	15.41	65. D. CAMERON (ABERDEEN A.A.C.)	
30. D. TEES (SPRINGBURN HARRIERS)	15.42	66. I. LOGIE (CLYDESDALE HARRIERS)	
31. J. LINTON (KIRKCALDY Y.M.C.A)	15.43	67. C. SOUTER (ROYAL COLLEGE S.T.)	
32. J. FORBES (EDINBURGH SOUTHERN HARRIERS)	15.44	68. F. ROSE (GREENOCK WELLPARK)	
33. M. STRUTHERS (PAISLEY HARRIERS)	15.47	69. J. DAUBNEY (AYR SEAFORTH A.C.)	
34. B. KINNING (PAISLEY HARRIERS)	15.51	70. K. GUILD (DUNDEE HAWK HILL HARRIERS)	
35. W. CHRISTIE (KIRKCALDY Y.M.C.A)	15.54	71. V. COULTER (EDINBURGH A.C.)	
36. P. TEMPLETON (KIRKCALDY Y.M.C.A)	15.58	72. W. FERRIE (DUMBARTON A.A.C.)	

73. S. FOREMAN (GREENOCK GLENPARK HARRIERS)
74. J. THOMSON (LARKHALL Y.M.C.A.)
75. J. LADDIN (VICTORIA PARK A.A.C.)
76. G. NEWMAN (GREENOCK WILLOW PARK)
77. N. GALLACHER (BELLINGHASTON HARRIERS)
78. I. DALGLEISH (SPRINGBURN HARRIERS)
79. R. GOLDIE (EDINBURGH A.C.)
80. R. ARTHUR (GREENOCK GLENPARK HARRIERS)
81. B. ROBERTSON (SPRINGLETON HARRIERS)
82. G. LOUGHLIN (SPRINGBURN HARRIERS)
83. I. MARTIN (KIRKCALDY Y.M.C.A.)
84. W. CURRIE (KILMARNOCK HARRIERS)
85. C. TURNER (GREENOCK GLENPARK HARRIERS)
86. J. CROSSAN (BELLINGHASTON HARRIERS)
87. J. SHIELDS (CLYDESDALE HARRIERS)
88. J. CRYNE (GEORGE HERIOTS SCHOOL)
89. D. AUSTIN (GLASGOW UNIVERSITY)
90. A. MCKENZIE (MARTHILL HARRIERS)
91. P. MCARDLE (PAISLEY HARRIERS)
92. F. FLANNIGAN (LEWISVILLE SPARTANS)
93. A.K. BOYD (HAMILTON HARRIERS)
94. G. SMITH (ABERDEEN A.A.C.)
95. P. SMITH (GEORGE HERIOTS SCHOOL)
96. D. J. WOOD (EDINBURGH SOUTHERN HARRIERS)
97. W. PURDIE (GREENOCK WILLOW PARK)
98. A. GRAY (KIRKCALDY Y.M.C.A.)
99. P. MCGILLIVRAY (BELLINGHASTON HARRIERS)
100. A. GLOYNIE (GEORGE HERIOTS SCHOOL)
101. R. A. DUNN (EDINBURGH SOUTHERN HARRIERS)
102. M. OWLER (DUNDEE HANMILL HARRIERS)
103. I. SMITH (KILMARNOCK HARRIERS)
104. R. MCCORD (GREENOCK GLENPARK HARRIERS)
105. G. RIGGELING (GREENOCK GLENPARK HARRIERS)

NATIONAL CROSS-COUNTRY CHAMPIONSHIPS OF SCOTLAND

AT HAMILTON RACECOURSE ON SATURDAY 23RD FEB.

SENIORS 7½ MILES.

1963.

1. J. H. LINAKER (MOTHERWELL Y.M.C.A.)	35.53	39. R. CALDERWOOD (VICTORIA PARK A.A.C.)	39.2
2. A. J. WOOD (ABERDEEN A.A.C.)	35.55	40. P. C. RUDEN (TREVOTDALE HARRIERS)	39.3
3. A. H. BROWN (MOTHERWELL Y.M.C.A.)	35.57	41. C. McALINDEN (BIBLOCK & WILCOX)	39.2
4. R. McKAY (MOTHERWELL Y.M.C.A.)	36.23	42. J. WHITE (EDINBURGH SOUTHERN HARRIERS)	39.3
5. M. G. CRAVEN (EDINBURGH UNIVERSITY)	36.40	43. D. DICKSON (BELLHOUSE HARRIERS)	39.3
6. S. TAYLOR (ABERDEEN A.A.C.)	36.45	44. J. RULTON (MOTHERWELL Y.M.C.A.)	39.3
7. W. KERR (VICTORIA PARK A.A.C.)	36.59	45. R. DUNCAN (ABERDEEN A.A.C.)	39.3
8. C. LAING (GLASGOW UNIVERSITY)	37.11	46. P. DUFFY (ABERDEEN A.A.C.)	39.4
9. T. COCHRANE (BEITH HARRIERS)	37.19	47. R. A. HENDERSON (EDINBURGH A.C.)	39.5
10. H. J. SUMMERHILL (SHEFFLESDALE HARRIERS)	37.25	48. P. McCONNACHIE (GREENOCK WELLPARK)	39.5
11. D. WHITING (ABERDEEN A.A.C.)	37.27	49. W. MARSHALL (MOTHERWELL Y.M.C.A.)	40.0
12. D. McFADYEN (BEITH HARRIERS)	37.31	50. F. MacHERSON (VICTORIA PARK A.A.C.)	40.1
13. A. D. BRECKENRIDGE (VICTORIA PARK A.A.C.)	37.33	51. R. KANE (VICTORIA PARK A.A.C.)	40.1
14. N. ROSS (EDINBURGH SOUTHERN HARRIERS)	37.38	52. W. H. WATSON (EDINBURGH A.C.)	40.1
15. A. ROSS (EDINBURGH SOUTHERN HARRIERS)	37.49	53. W. ROBERTSON (EDINBURGH SOUTHERN HARRIERS)	40.1
16. A. FAULDS (GLASGOW UNIVERSITY)	37.51	54. J. MACLACHLAN (CYDOESDALE HARRIERS)	40.1
17. W. B. MATHER (TREVOTDALE HARRIERS)	38.00	55. R. PRYOR (EDINBURGH A.C.)	40.1
18. D. SIMPSON (MOTHERWELL Y.M.C.A.)	38.04	56. P. MATHER (PAISLEY HARRIERS)	40.1
19. G. BROWN (EDINBURGH SOUTHERN HARRIERS)	38.18	57. A. C. GIBSON (HAMILTON HARRIERS)	40.1
20. H. CLEGG (EDINBURGH SOUTHERN HARRIERS)	38.23	58. J. CURRIE (BELLHOUSE HARRIERS)	40.2
21. J. McLAREN (VICTORIA PARK A.A.C.)	38.24	59. A. McDUGALL (VALE OF HEVEN A.A.C.)	40.2
22. A. W. BLACK (BELGRAVE HARRIERS)	38.34	60. N. DONNACHIE (EDINBURGH A.C.)	40.2
23. R. McFALL (EDINBURGH SOUTHERN HARRIERS)	38.37	61. R. C. WALLACE (SHEFFLESDALE HARRIERS)	40.2
24. A. BARRIE (DUNDEE HAWK HILL HARRIERS)	38.45	62. J. JACK (TREVOTDALE HARRIERS)	40.3
25. K. BALLANTRAE (EDINBURGH SOUTHERN HARRIERS)	38.51	63. T. STEVENSON (GREENOCK WELLPARK)	40.4
26. I. C. DONALD (SHEFFLESDALE HARRIERS)	38.56	64. J. SPENCE (GREENOCK GLEN PARK)	40.4
27. D. JEFFERY (ST. ANDREWS UNIVERSITY)	38.59	65. T. KERWIN (GLASGOW UNIVERSITY)	40.4
28. W. RAMAGE (EDINBURGH A.C.)	39.01	66. J. E. FARRILL (MARSHALL HARRIERS)	40.5
29. G. E. EVERETT (SHEFFLESDALE HARRIERS)	39.03	67. R. RUSSELL (GARGSCHE HARRIERS)	40.5
30. B. McROBERTS (HARKHILL Y.M.C.A.)	39.04	68. B. McAUSLAND (CYDOESDALE HARRIERS)	40.5
31. D. MACGREGOR (ST. ANDREWS UNIVERSITY)	39.07	69. W. KIRKWOOD (MARSHALL HARRIERS)	41.0
32. R. DONALD (ABERDEEN A.A.C.)	39.09	70. W. RIDDELL (TREVOTDALE HARRIERS)	41.0
33. J. DAVIDSON (AYR SEAFORTH A.C.)	39.12	71. M. TILFORD (TREVOTDALE HARRIERS)	41.1
34. C. AITKEN (GREENOCK WELLPARK)	39.15	72. F. WHITLEY (GREENOCK WELLPARK)	41.1
35. W. LYALL (EDINBURGH SOUTHERN HARRIERS)	39.17	73. J. M. YOUNG (KILMARNOCK HARRIERS)	41.1
36. G. GOVANS (SHEFFLESDALE HARRIERS)	39.23	74. J. FOSTER (EDINBURGH A.C.)	41.1
37. A. CAMERON (EDINBURGH UNIVERSITY)	39.24	75. T. DEANSTON (GLASGOW UNIVERSITY)	41.19
38. B. HOBSON (MOTHERWELL Y.M.C.A.)	39.25	76. J. McPHERSON (KILMARNOCK HARRIERS)	41.2

77. N. ROGERS (GLASGOW UNIVERSITY)	41.23	117. T. THOMSON (PAISLEY HARRIERS)
78. T. D. GIFFORD (GLASGOW UNIVERSITY)	41.27	118. D. JEFFERY (TEVIOTDALE HARRIERS)
79. R. MILLS (DUMBARTON A.A.C.)	41.32	119. P. DAVIDSON (EDINBURGH SOUTHERN HARRIERS)
80. T. P. O'REILLY (SPRINGBURN HARRIERS)	41.35	120. A. STRANG (AYR SEAFORTH A.C.)
81. J. CONVERY (AYR SEAFORTH A.C.)	41.38	121. A. SMITH (AYR SEAFORTH A.C.)
82. F. MCKAY (VICTORIA PARK A.A.C.)	41.41	122. R. MACDONALD (MARTYHILL HARRIERS)
83. A. DOUGLAS (TEVIOTDALE HARRIERS)	41.42	123. E. DOLAN (SHETTLESTON HARRIERS)
84. S. HORN (GARSJUBE HARRIERS)	41.46	124. T. CRAIG (SPRINGBURN HARRIERS)
85. J. CALLAGHAN (GREENOCK GLEN PARK)	41.48	125. A. MACKAY (VALE OF LEVEN A.A.C.)
86. C. D. FORBES (VICTORIA PARK A.A.C.)	41.51	126. J. WALKER (ROYAL COLLEGE S & T.)
87. M. LOGIE (SPRINGBURN HARRIERS)	41.53	127. A. KING (EDINBURGH A.C.)
88. H. MCWILLIAMS (GREENOCK GLEN PARK)	41.55	128. J. CRAWFORD (SPRINGBURN HARRIERS)
89. R. STODDART (BELLAHOUSTON HARRIERS)	42.00	129. I. MCKENZIE (EDINBURGH SOUTHERN HARRIERS)
90. H. K. MITCHELL (SHETTLESTON HARRIERS)	42.08	130. J. ANDERSON (IRVING Y. M. C. A.)
91. W. MCKNIGHT (MOTHERWELL Y. M. C. A.)	42.09	131. R. GALLOWAY (GREENOCK GLEN PARK)
92. T. HARRISON (EDINBURGH A.C.)	42.14	132. W. DRYSDALE (MONKLAND HARRIERS)
93. R. BURT. (CAMBUSLANE HARRIERS)	42.18	133. J. M'AUSSAND (CLYDESDALE HARRIERS)
94. W. BLACK (MARTYHILL HARRIERS)	42.22	134. J. McLEAN (BELLAHOUSTON HARRIERS)
95. N. WILSON (BELLAHOUSTON HARRIERS)	42.28	135. D. BARCLAY (PLEBEIAN HARRIERS)
96. E. J. McQUE (HERIOT C.C.C.)	42.29	136. D. BRUCE (MARTYHILL HARRIERS)
97. J. BARROWMAN (GARSJUBE HARRIERS)	42.30	137. H. TAYLOR (ST. MONANS. A.C.)
98. J. KINNIN (MONKLAND HARRIERS)	42.32	138. G. HARE (MONKLAND HARRIERS)
99. G. DICKSON (GARSJUBE HARRIERS)	42.33	139. K. KJEMTHUS (ROYAL COLLEGE S & T.)
100. C. DONALD (ABERDEEN A.A.C.)	42.36	140. C. BALLANTYNE (MONKLAND HARRIERS)
101. J. CLIFTON (EDINBURGH SOUTHERN HARRIERS)	42.37	141. W. GAULT (VICTORIA PARK A.A.C.)
102. A. JOHNSTON (ROYAL COLLEGE S & T.)	42.41	142. W. HISLOP (CLYDESDALE HARRIERS)
103. P. YOUNGER (CLYDESDALE HARRIERS)	42.47	143. M. INNES (EDINBURGH A.C.)
104. T. MERCER (BELLAHOUSTON HARRIERS)	42.53	144. T. HARRISON (MARTYHILL HARRIERS)
105. D. WILMOTH (SPRINGBURN HARRIERS)	42.57	145. A. FLEMING (CAMBUSLANE HARRIERS)
106. I. BROWN (DUNDEE HAWTHILL HARRIERS)	42.58	146. C. R. JONES (EDINBURGH A.C.)
107. R. COX (GREENOCK GLEN PARK)	43.05	147. G. LEGGATE (LARKHALL Y. M. C. A.)
108. I. GILFILLAN (LARKHALL Y. M. C. A.)	43.12	148. W. MURRAY (GREENOCK GLEN PARK)
109. R. KENNEDY (DUNDEE HAWTHILL HARRIERS)	43.15	149. W. L. HODGINS (SHETTLESTON HARRIERS)
110. J. SLOSS (BEITH HARRIERS)	43.16	150. G. PORTERUS (MARTYHILL HARRIERS)
111. J. STEVENSON (GREENOCK WELLPARK)	43.18	151. W. LAMBERTON (LARKHALL Y. M. C. A.)
112. M. YOUNG (ROYAL COLLEGE S & T.)	43.20	152. W. ROSS (GARSJUBE HARRIERS)
113. M. PATRIDGE (ABERDEEN UNIVERSITY)		153. J. HARKINS (SHETTLESTON HARRIERS)
114. T. MCGREAVAY (ROYAL COLLEGE S & T.)		154. G. FLYNN (LARKHALL Y. M. C. A.)
115. W. JAMIESON (PLEBEIAN HARRIERS)		155. S. PETTY (EDINBURGH SOUTHERN HARRIERS)
116. J. BROWN (DUMBARTON A.A.C.)		156. D. MCKIRDY (MONKLAND HARRIERS)

157. G. SPENCE (GREENOCK GREENPARK).
 158. G. WHITE (CLYDESDALE HARRIGES)
 159. I. MONIE (LARKHALL Y.M.C.A.)
 160. D. SPENCER (GARSJUBE HARRIGES)
 161. T. RUTH (MARVHILL HARRIGES)
 162. J. MURRAY (ST. MODANS A.C.)
 163. G. PEARSON (ST. MODANS A.C.)
 164. A. NAYLOR (SHUTTLESTON HARRIGES)
 165. A. WARTON (GARSJUBE HARRIGES)
 166. D. GRANT (HARLOT. C.C.C.)
 167. L. SIMPSON (DUNDEE HAWK HILL HARRIGES)
 168. D. MCFARLANE (VICTORIA PARK A.A.C.)
 169. M. MCHENRY (GREENOCK WELL PARK)
 170. R. DRAM (DUNDEE HAWK HILL HARRIGES)
 171. J. BROWNIE (CAMBUSLANG HARRIGES)
 172. M. GIBSON (AYR SEAFORTH A.C.)
 173. W. RIDDICK. (CLYDESDALE HARRIGES)
 174. F. BRUCE (MARVHILL HARRIGES)
 175. I. KERR (GLASGOW UNIVERSITY)
 176. H. DOCHERTY (GREENOCK WELL PARK)
 177. J. DUNCAN (LARKHALL Y.M.C.A.)
 178. W. NELSON (DUMGARTON A.A.C.)
 179. G. CRICHTON (VALE OF LEVEN A.A.C.)
 180. T. MATHEWS (MOTHERWELL Y.M.C.A.)
 181. C. SHIELDS (GREENOCK GREENPARK)
 182. J. McLEAN (DUNDEE HAWK HILL HARRIGES)
 183. K. PHILLIPS (BEITH HARRIGES)
 184. D. CLARKSON (IRVINE Y.M.C.A.)
 185. W. STRICKLAND (AYR. SEAFORTH A.C.)
 186. D. CAUSON (GARSJUBE HARRIGES)
 187. J. CAMPBELL (PAISLEY HARRIGES)
 188. S. REID (TEVIOTDALE HARRIGES)
 189. A. DRIVER (TEVIOTDALE HARRIGES)
 190. A. CADDHY (ROYAL COLLEGE ST. T.)
 191. J. KERR (PLEBRIAN HARRIGES)
 192. G. BELL (BELLAMHUSTON HARRIGES)
 193. J. SELLAR (PAISLEY HARRIGES)
 194. G. SINCLAIR (ROYAL COLLEGE ST. T.)
 195. W. RUSSELL (MONKLAND HARRIGES)
 196. F. SIMPSON (SHUTTLESTON HARRIGES)

197. H. MCHENRY (GREENOCK WELL PARK.)
 198. H. MCSWEIN (GREENOCK WELL PARK)
 199. J. MURPHY (SPRINGBURN HARRIGES)
 200. J. McCLURE (VICTORIA PARK A.A.C.)

200 FINISHED.

AMONG THOSE WHO FAILED TO FINISH WERE

R. E. HOTHORSTON (SHUTTLESTON HARRIGES).
 T. O. REID (LARKHALL Y.M.C.A.)
 C. MALDRUM (ST. MODANS A.C.)
 G. EADIE (CAMBUSLANG HARRIGES)
 W. KELLY (CAMBUSLANG HARRIGES)
 D. KERR (CAMBUSLANG HARRIGES)
 J. ALOER (MORPETH HARRIGES)
 G. PETERS (VICTORIA PARK A.A.C.)
 J. KERR. (AIRBORNE HARRIGES)
 R. PENMAN (BELLAMHUSTON HARRIGES)
 J. IRVINE (BELLAMHUSTON HARRIGES)
 C. O'BOYLE (CLYDESDALE HARRIGES)
 G. FRASER (EDINBURGH SOUTHERN HARRIGES)
 R. McALLISTER (EDINBURGH SOUTHERN HARRIGES)

Scottish News

By W. DIVERTY

LINAKER BEATS WOOD IN SCOTTISH SENIOR

B RILLIANT sunshine greeted the runners in the Scottish C.C. Championships at Hamilton Park on February 23rd, though there were patches of snow and ice on the course. The Senior race provided the sensation of the day, with John Linaker, Scottish S'chase champion, winning from Alistair Wood, who was disqualified for not running in a club vest, thus depriving Aberdeen A.C. of the team title, a most regrettable affair which I hope will not be repeated.

The race provided a great tussle with Andy Brown and Wood going to the front from the start. After two miles these two led with Linaker a few yards behind them; another 50 yards back came a group which included McKay (M'well), Craven (Edin. Un), Taylor (Aberdeen) and Kerr (Vic. Pk).

At half distance the positions were much the same; with half a mile to go Linaker shot ahead and though challenged by Wood and Brown, he held them off to win by 10 yards from Wood, with Brown another 10 yards further behind. With Wood out of the reckoning, Aberdeen's total pushed them back to fourth place and Motherwell Y.M.C.A. took the title with 108 pts., only 8 pts. in front of the fine packing Edinburgh Southern team.

The Junior event was won in easy fashion by A. F. Murray (Edinburgh Univ.) and his club won the team race just as comfortably with 49 pts. The Youths' race went to the favourite, I. McCafferty (Motherwell YMCA) but Kirkcaldy packed their four in twenty to win the team race. Edinburgh A.C. scored a double in the Boys' race, W. Donaldson being

first home and their four in twelve giving them an easy team win.

The first nine home in the Senior, and Murray, Brown, Stewart and Douglas in the Junior, will represent Scotland in San Sebastian on March 17th.

Senior

1. J. H. Linaker (M'well YMCA)	35.53
2. A. J. Wood (Aberdeen)	35.55
3. A. H. Brown (M'well YMCA)	35.57
4. R. W. McKay (M'well)	36.23; 5. M. Craven (Edin. Un) 36.40; 6. S. Taylor (Aber) 36.45; 7. W. Kerr (Vic. Pk) 36.59; 8. C. Laing (Glas. Un) 37.11; 9. T. Cochran (Beith) 37.19; 10. H. Summerhill (Shettleston) 37.25; 11. D. Whiting (Aber) 37.27; 12. D. McFadzean (Beith) 37.31; 13. A. D. Breckenridge (VP) 37.33; 14. N. Ross (ESH) 37.38; 15. A. Ross (ESH) 37.49; 16. A. Faulds (GU) 37.51; 17. W. B. Mather (Teviot) 38.04; 18. D. Simpson (M'well) 38.18; 19. G. M. Brown (ESH) 38.23; 20. H. Clegg (ESH) 38.24; 21. J. McLaren (VP) 38.34; 22. A. W. Black (Belgrave) 38.37; 23. R. McFall (ESH) 38.45; 24. A. Barrie (Hawthill) 38.51; 25. K. Ballantyne (ESH) 38.56; 26. I. Donald (Shett) 39.01; 27. D. Jeffery (St. And. Un) 39.03; 28. W. Ramage (Edin. AC) 39.04; 29. G. E. Everett (Shett) 39.07; 30. B. McRoberts (Lark. YM) 39.09; 31. D. Macgregor (St. And. Un) 39.12; 32. R. Donald (Aber) 39.15; 33. J. Davidson (Ayr) 39.17; 34. C. Aitken (Wellpark) 39.23; 35. W. Lyall (ESH) 39.24; 36. G. Govan (Shett) 40.05; 37. A. Cameron (EU) 40.07; 38. B. Hodgson (M'well) 40.27; 39. R. Calderwood (VP) 40.28; 40. P. C. Roden (Teviot) 40.32.

Teams:

	Pts.
1. Motherwell Y.M. (1. 3. 4. 18. 34. 44)	108
2. Edinburgh S.H. (14. 15. 19. 20. 23. 25)	116
3. Victoria Pk. A.C. (7. 13. 21. 39. 50. 51)	181
4. Aberdeen 240; 5. Shettleston 252; 6. Edinburgh 316; 7. Glasgow Univ. 319; 8. Teviotdale 343; 9. Wellpark 497; 10. Bellahouston 523; 11. Glenpark 623; 12. Maryhill 631; 13. Hawthill 636; 14. Clydesdale 658; 15. Larkhall Y.M. 742; 16. Garscube 757.	

Juniors

1. A. F. Murray (Edin. Univ)	23.55
2. M. Ryan (St. Modans)	24.26
3. A. P. Brown (M'well YMCA)	24.27
4. J. L. Stewart (V/Leven)	24.38; 5. J. C. Douglas (Teviot) 24.49; 6. A. Leitch (Gateshead) 24.56; 7. C. J. Elson (EU) 24.58; 8. J. R. Johnstone (Monk) 25.09; 9. G. B. Brownlee (ESH) 25.23; 10. W. Ewing (Aber. Un) 25.31; 11. D. McLean (Hawk) 25.37; 12. L. Hopkins (Glen) 25.48; 13. J. McHattie (St. Mod) 25.55; 14. R. C. Shepherd (Glas. Un) 26.03; 15. A. I. C. Heron (ESH) 26.11; 16. R. A. Young (EU) 26.15; 17. D. G. Reid (AU) 26.23; 18. R. Hodelet (Glen) 26.27; 19. R. D. Baillie (GU) 26.29; 20. J. T. Finn (Monk) 26.31; 21. R. McKean (St. And. Un) 26.32; 22. B. W. Scobie (GU) 26.34; 23. A.

HORWICH R.M.L. HARRIERS & A.C.

RIVINGTON PIKE FELL RACE

3½ Miles :: Under A.A.A. Laws

Saturday, 13th April, 3 p.m.

From Lever Park Avenue

PRIZES valued £4, £2, £1. 1st Team 3 at 30/-, 2nd Team 3 at 20/-, 3rd team 3 at 15/-.

Clubs may enter any number, 3 to score. All runners to be 18 years of age on 13.4.63. Dressing at Crown Hotel, Chorley New Road, Horwich, Bolton.

Entry Fees: 2/- per runner, 5/- per team. Entries to Mr. J. Prescott, 8 Travers St., Horwich, Bolton, Lancs. on A.A.A. ind. & team forms by 30th March.

Smith (VP) 26.34; 24, A. Bellhouse (St. And. Un) 26.40; 25, G. Evans (EU) 26.42.

Teams:	Pts.
1, Edinburgh Univ. (1. 7.16.25)	49
2, Edin. South H. (9.15.33.34)	91
3, Glasgow Univ. (14.19.22.55)	110
4, Aberdeen Univ. 119; 5, St. Andrews Univ. 121; 6, Monkland 157.	

Youths

1, I. McCafferty (M'well YMCA)	14.12
2, R. Young (Springburn)	14.23
3, R. Carroll (Edinburgh)	14.27
4, J. Brennan (Maryhill) 14.39; 5, T. Brown (St. Modans) 14.41; 6, A. D. Middleton (Spring) 14.54; 7, R. Wedlock (Shett) 15.01; 8, W. Fleming (Kirk. YM) 15.06; 9, R. Darroch (M'well YM) 15.09.	

Teams:	Pts.
1, Kirkcaldy Y.M.C.A. (8.12.17.20)	57
2, Springburn 76; 3, Motherwell YMCA 77; 4, Shettleston 107; 5, St. Modans 109; 6, Geo. Heriots Sch. 111.	

Boys

1, W. Donaldson (Edinburgh)	9.35
2, T. Dobbin (Glenpark)	9.51
3, W. G. Kerr (Edinburgh)	9.57
4, S. Kerr (Kilmarnock) 10.05; 5, J. Fleming (St. Modans) 10.07; 6, C. Martin (Dumb) 10.10.	

Teams:	Pts.
1, Edinburgh A.C. (1.3.8.12)	24
2, Springburn 37; 3, St. Modans 75; 4, Edinburgh South 93; 5, Glenpark 126; 6, Geo. Heriots Sch. 155.	

nt damaged.

LNT:- Immediate treatment saves the formation of adhesions which can be difficult to cure and which are inclined to a limited movement of the joint even after treatment.

the joint is seen immediately after the sprain, localised above the tear prevents formation of too large a haematoma and clot. If caught in time, the injury can be cleared in a time. However, if a large haematoma forms the injury is liable to be much longer before the athlete can return to active competition. If possible ankle should be immersed in cold water to stop too much internal bleeding, and then strapped. If there is a ligament strain the foot should be strapped in an outward position and visa versa if it is the medial ligament.

the ankle should be kept moving although not when weight bearing. strapping is removed foot exercises should be done in a hot, or foot bath, followed by alternate plunging of foot into hot and cold baths. Massage should follow and finally exercises to increase the mobility of the joint.

in conclusion, I should like to point out that in most cases where athletes are concerned, the athlete is able to resume light running within a period of two or three weeks and despite some initial pain - due to the stretching of adhesions - full movement of the joint follows in a further two weeks.

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High Southern Road Trial - 9/2/63 - Fernieside.

rs.		7.W.A.Lyall	32.57	14.J.E.Clifton	36.24
.Brown	30.56	8.R.N.McAllister	32.58	- I.McKenzie	36.24
oss	31.23	9.K.D.Ballantyne	33.12	16.C.R.Whehan	37.32
oss	31.30	10.H.B.Clegg	33.13	17.C.T.Palcomer	37.50
.McFall	32.15	11.W.A.Robertson	33.58	18.J.S.Petty	37.55
hite	32.29	12.R.Mason	34.52	19.W.S.Boyes	39.09
.Brownlee	32.45	13.P.Davidson	36.16		
lan and J.B.Heggie	did not finish.				

5.	1.A.Witts	20.18	3.J.Forbes	20.44	5.J.McBain	20.55
	2.W.Bruce	20.24	4.N.Leitch	20.54	(boy)	
	1.P.Donnolly	15.37	3.D.Craig	16.05	5.D.Wood	17.05
	2.G.Porteous	15.50	4.G.Leitch	16.18	6.R.Dunn	17.30 (youth)

ALL CONTRIBUTIONS AND LETTERS ALWAYS WELCOME

SEND or GIVE to H.B.Clegg 3 Ravelston Park Edin.

NATIONAL CROSS COUNTRY CHAMPIONSHIPS - HAMILTON - 1963

23rd February,

Conditions at Hamilton Park Racecourse were apt to deceive one for although the sun was shining, and the grass looked green, the ground was bone hard underfoot; and so uncomfortable to run on, that many of the competitors were forced to retire. Amongst those who had to stop were the holder of the Senior race Jim Alder, Gordon Eadie, and from our club Charlie Fraser still suffering from 'flu' and Ronnie McAllister, whose new spikes almost crippled him.

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" SENIOR " 7 1/2 Miles.

1 J.Linaker	(Motherwell)	35.53	11 D.Whiting	(Aber. A.C.)	37.27
2 A.J.Wood	(Aber. A.C.)	35.55	12 D.McFadyen	(Beith Har.)	37.31
3 A.H.Brown	(Motherwell)	35.57	13 A.Breckenridge	(Vic. Pk.)	37.33
4 R.McKay	(Motherwell)	36.23	14 B.Ross	(Edin. S.H.)	37.38
5 H.G.Craven	(Edin. Un.)	36.40	15 A.Ross	(Edin. S.H.)	37.49
6 S.Taylor	(Aber. A.C.)	36.45	16 A.Faulds	(Glas. Un.)	37.51
7 W.Kerr	(Vict. Pk.)	36.59	17 W.B.Lather	(Teviotdale)	38.04
8 C.Laing	(Glas. Un.)	37.11	18 D.Simpson	(Motherwell)	38.18
9 T.Cochrane	(Beith Har.)	37.19	19 G.M.Brown	(Edin. S.H.)	38.23
10 H.Summerhill	(Shettleston)	37.25	20 H.B.Clegg	(Edin. S.H.)	38.24

21, J.McLaren (VP)	38.34	22, A.W.Black (Belgrave)	38.37	23, R.A.McFall (ESH)	38.45	24, A.Berrie (DHH)	38.51	25, K.D.Ballantyne (ESH)	38.56	26, I.Donald (Shett)	39.01	27, D.Jeffery (St. And. Un)	39.03	28, W.Ramage (EAC)	39.04	29, G.B.Everett (Shett)	39.07	30, B.McRoberts (Larkhall)	39.09	31, D.Macgregor (St. And. Un)	39.12	32, R.Donald (Ab.AC)	39.15	33, J.Davidson (Ayr)	39.17	34, C.Aitken (Gr.WP)	39.23	35, W.A.Lyall (ESH)	39.24	36, G.Govan (Shett)	40.05	37, A.Cameron (EU)	40.07	38, B.Hodgson (M'well)	40.27	39, R.Calderwood (VP)	40.28	40, P.C.Roden (Teviot)	40.32	41, C.McAlinden (B&W)	42, J.White (ESH)	43, D.Dickson (Belh)	44, J.Poulton (M'well)	45, R.Duncan (Ab.AC)	46, P.Duffy (Ab.AC)	47, R.A.Henderson (EAC)	48, P.McConnachie (Gr.WP)	49, W.Marshall (M'well)	50, F.Macpherson (VP)	51, R.Kane (VP)	52, W.H.Watson (EAC)	53, W.A.Robertson (ESH)	54, J.MacLachlan (Clyd)	55, R.S.Pryor (EAC)	56, P.McAtier (Pais)	57, A.C.Gibson (Hamilton)	58, J.Currie (Belh)	59, A.McDougall (Vale/Leven)	60, N.Donachie (EAC)	61, R.C.Wallace (Shett)	62, J.Jack (Teviot)	63, T.Stevenson (Gr.WP)	64, J.Spence (Gr.GP)	65, T.Korwin (GU)	66, J.E.Parrell (Myhill)	67, R.Russell (Garsc)	68, B.McAusland (Clyd)	69, W.P.Kirkwood (Myhill)	70, W.Riddell (Teviot)	71, M.Telford (Teviot)	72, F.Whiteley (Gr.WP)	73, J.M.Young (Kilm)	74, J.Foster (EAC)	75, T.Denstad (GU)	76, J.McPheely (Kilm)	77, N.R.Rogers (GU)	78, T.D.Gifford (GU)	79, R.Mills (Dumb)	80, T.P.O'Reilly
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Spring) 81, J. Convery (Ayr) 82, F. McKay (VP) 83, A. Douglas (Teviot)
 1, S. Horn (Garsc) 85, J. Callaghan (Gr. GP) 86, C. D. Forbes (VP) 87, M.
 McGie (Spring) 88, H. McWilliams (Gr. GP) 89, R. Stoddart (Belh) 90, H. Mit-
 chell (Shett) 91, W. McKnight (M'well) 92, T. Harrison (EAC) 93, R. Burt
 Lamb) 94, W. Black (Myhill) 95, N. Wilson (Belh) 96, E. J. McQue (Heriots)
 97, J. Barrowman (Garsc) 98, J. Kinnin (Monk) 99, G. Dickson (Garsc) 100,
 Donald (Ab. AC) 101, J. E. Clifton (ESH) 102, A. Johnston (R.C./S&T)
 103, P. Younger (Clyd) 104, T. Mercer (Belh) 105, D. Wilmoth (Spring) 106,
 Brown (DHH) 107, R. Cox (Gr. GP) 108, I. Gilfillan (Larkhall) 109, R.
 Kennedy (DHH) 110, J. Sloss (Belh) 111, J. Stevenson (Gr. WP) 112, M.
 Young (R.C./S&T) 113, M. Partridge (Ab. Un) 114, T. McGrenary (R.C./S&T)
 115, W. Jamieson (Pleb) 116, J. Brown (Dumb) 117, T. Thomson (Pais) 118,
 Jeffrey (Teviot) 119, P. Davidson (ESH) 120, A. Strang (Ayr) 121, A.
 Smith (Ayr) 122, R. R. Macdonald (Myhill) 123, L. Dolan (Shett) 124, T.
 Craig (Spring) 125, A. Mackay (Vale/Leven) 126, J. Walker (R.C./S&T)
 127, A. King (EAC) 128, J. Crawford (Spring) 129, I. McKenzie (ESH) 130,
 Anderson (Irv) 131, R. Galloway (Gr. GP) 132, W. Drysdale (Monk) 133,
 McAusland (Clyd) 134, J. McLean (Belh) 135, D. Barclay (Pleb) 136,
 Bruce (Myhill) 137, H. Taylor (St. Mod) 138, G. N. Hare (Monk) 139, K.
 Hemus (R.C./S&T) 140, C. Ballentyne (Monk) 141, W. Gault (VP) 142, W.
 Slop (Clyd) 143, M. Innes (LAC) 144, T. Harrison (Myhill) 145, A. Flem-
 ing (Camb) 146, C. R. Jones (LAC) 147, G. Leggate (Larkhall) 148, W. Mur-
 ray (Gr. GP) 149, W. L. Hodgins (Shett) 150, G. Porteous (Myhill) 151, W.
 Robertson (Larkhall) 152, W. Ross (Garsc) 153, J. Harkins (Shett) 154,
 Flynn (Larkhall) 155, J. S. Petty (LAC) 156, D. McKirdy (Monk) 157, G.
 Hume (Gr. GP) 158, G. White (Clyd) 159, I. Monie (Larkhall) 160, D.
 Hume (Garsc) 161, T. Ruth (Myhill) 162, J. Murray (St. Mod) 163, G.
 Hume (St. Mod) 164, A. Naylor (Shett) 165, A. Warton (Garsc) 166, D. W.
 Hume (Heriots) 167, L. Simpson (DHH) 168, D. Macfarlane (VP) 169, H.
 McNery (Gr. WP) 170, R. Oram (DHH) 171, J. Brownlie (Camb) 172, M. F.
 Hume (Ayr) 173, W. Roddick (Clyd) 174, F. Bruce (Myhill) 175, K. Smith
 Hume) 176, H. Docherty (Gr. WP) 177, J. Duncan (Larkhall) 178, W. Nelson
 Hume) 179, G. Crichton (Vale/Leven) 180, T. Mathews (M'well) 181, C.
 Hume (Gr. GP) 182, J. McLean (DHH) 183, K. Phillips (Belh) 184, D. Clar-
 on (Irv) 185, W. Strickland (Ayr) 186, D. Causon (Garsc) 187, J. M. Camp-
 bell (Pais) 188, S. Reid (Teviot) 189, A. Oliver (Teviot) 190, A. Cuddihy
 .C./S&T) 191, J. Kerr (Pleb) 192, G. Bell (Belh) 193, J. M. Sellar (Pais)
 194, G. Sinclair (R.C./S&T) 195, W. Russell (Monk) 196, F. Simpson (Shett)
 197, H. McHenry (Gr. WP) 198, H. McSwein (Gr. WP) 199, Jas. Murphy (Spring)
 200, J. McClure (VP).

am Title.

Motherwell Y.M.C.A.	(1, 3, 4, 18, 38, 44)	108	9. Gr. Wellpark	(497pts)
Edinburgh Southern	(14, 15, 19, 20, 23, 25)	116	10. Belleouston	(523pts)
Victoria Park	(7, 13, 21, 39, 50, 51)	181	11. Gr. Glenpark	(623pts)
Aberdeen A.C.	(6, 11, 32, 45, 46, 100)	240	12. Maryhill H.	(631pts)
Shettleston der.	(10, 26, 29, 36, 61, 90)	252	13. Clydesdale H.	(658pts)
Edinburgh A.C.	(28, 47, 52, 55, 60, 74)	316	14. Ayr Seaforth	(712pts)
Glas. Univ. (319pts)	8. Teviotdale (343pts)		15. Springburn	(723pts)
			16. Larkhall Y.M.	(749pts)



Motherwell Y.M.C.A. 108 - E.S.H. 116 - so near and yet so far! What a wonderful effort by our team, who packed desperately, finishing with our six counting runners between 14 and 25, against Motherwell's three in the first four. I can still recall the deathly silence, and feel the electric atmosphere as the crowd awaited the official result. Rumour was rife that Motherwell had won by six points; while counter rumours stated that we had won by two points. Alas for us however it was Motherwell's title, and a great victory it was. Motherwell also produced the individual winner in the ever popular John Lineker. Well as our counting six ran. I feel sure that with a little more self-confidence, any one of them could have forced his way into the first ten. Willie Lyall and Jack White ran well below their best form, and until both of these talented athletes learn to run intelligently, they will go on wasting their undoubted ability. Well done Ken Ballantyne, 25th in you first senior National, was a great performance!

"JUNIOR" 5 Miles.

1 A.F. Murray	Edin. Univ.	23.25	6.A. Leitch	Gateshead	24.56
2 H. Ryan	St. Modens	24.26	7.C.J. Elson	Edin. Univ.	24.59
3 A.P. Brown	Motherwell	24.27	8.J.R. Johnstone	Monkland	25.09
4 J.L. Stewart	Vale / Leven	24.38	9.G.3. Brownlee	Edin. S.H.	25.23
5 J.C. Douglas	Teviotdale	24.44	10.W.E. Ewing	Aber. Un.	25.31

11.D. McLean (D&I)	25.37	12.I. Hopkins (Gr.GP)	25.48	13.J. McNattie (St. Mod)	25.55
14.R.C. Shepherd (GU)	26.07	15.A.I.C. Jeron (ESH)	26.11	16.R.A. Young (EU)	26.15
17.G.D. Reid (Ab.Un)	26.23	18.R. Hodelet (Gr.GP)	26.27	19.H.D. Baillie (GU)	26.29
20.J.T. Finn (Monk)	26.30	21.R. McKean (St.And)	26.31	22.B. Scobie (GU)	26.32
23.A. Smith (VP)	26.39	24.C. Briggs (Shett)	26.39	25.G. Evans (EU)	26.40
26.D. Clark (Ab.Un)	26.42	27.D.M. McDonald (EU)	26.45	28.D. Sager (St.And)	26.49
29.W.P. Turnbull (Teviot)	26.50	30.G. McIver (Shett)	26.52	31.T.B.P. Callaghan (Monk)	26.57
32.J. McLeish (Beith)	26.58	33.D.A. Gunn (ESH)	27.01	34.R. Masson (RSh)	27.05
35.P. Shepherd (St.And)	27.07	36.J. Miller (Beith)	27.11	37.B. Goodwin (Belh)	27.14
38.G.S. Greenshields (Ham)	27.15	39.J. Webber (ESH)	27.17	40.M.W. Jarron (Heriots)	27.18
41.H.T. Docherty (Shett)	27.19	42.B. Bradley (Paie)	27.20	43.J. McLean (Beith)	27.21
44.W. Strickland (Ayr)	27.22	45.A. Milroy (Dumb)	27.23	46.A. Roden (Teviot)	27.24
47.J. Rough (St.And)	27.25	48.G. Tait (Teviot)	27.26	49.P. Kearns (VP)	27.27
50.D. Berr (RC/S&T)	27.28	51.C.T. Falconer (ESH)	27.29	52.R. Saines (St.And)	27.30
53.A. Morrison (Pyhill)	27.31	54.D. Martin (Gerso)	27.32	55.D. MacDougall (GU)	27.33
56.R.O'Neill (Belh)	27.34	57.R. Lochhead (Spring)	27.35	58.D. McLardy (St.And)	27.36
59.W. McPhail (GU)	27.37	60.H. Robertson (Ham)	27.38	61.J. Keenan (Spring)	27.39
62.D. Young (Belh)	27.40	63.J. Wilson (Ayr)	27.41	64.J.C. Stewart (Ayr)	27.42
65.W. McCubbin (Paie)	27.43	66.A. Vyse (Ab.Un)	27.44	67.J. Thorpe (EU)	27.45
68.R.D. Chambers (AC)	27.46	69.H. Davies (St.And)	27.47	70.J. Dixon (Ab.AC)	27.48
71.F. Kelly (Ham)	27.49	72.L. Anderson (Ab.AC)	27.50	73.D. MacKinnon (Belh)	27.51
74.A. Mackenzie (Heriots)	27.52	75.W. McCulloch (Shotts)	27.53	76.A. Reddy (Gr.GP)	27.54
77.K. McAllister (RC/S&T)	27.55	78.B. Jamieson (EU)	27.56	79.D. Jackson (Ayr)	27.57
80.A. Watson (EU)	27.58	81.I. Noble (Ab.Un)	27.59	82.K. Thomson (RC/S&T)	27.60
83.W. Rutherford (GU)	27.61	84.A. Irving (GU)	27.62		

,T.Gallacher (RC/S&T) 86,R.Jenner (Ab.Un) 87,T.S.Murray (Ham) 88,
Walker (EAC) 89,D.Campbell (Pais) 90,I.Brodie (EAC) 91,W.Boyes
SH) 92,A.Galloway (Kirk) 93,D.Shedden (Beith) 94,A.Aitken (Ab.AC)
,M.Montague (Valc,Leven) 96,W.Stein (Shett) 97,G.Grant (RC/S&T)
,W.Grainger (Monk) 99,R.MacDonald (Olym) 100,D.Ritchie (Ab.AC) 101
Cunningham (Belh) 102,C.Pennycook (Belh) 103,J.Connor (Camb) 104,
Devon (M'well) 105,K.Birkmyre (Shett) 106,J.McBride (Camb)

am Title

Edinburgh University	(1, 7, 16, 25)	49 pts.	10. Bellahouston	228
Edinburgh Southern	(9, 15, 33, 34)	91 pts.	11. Ayr Seaforth	250
Glasgow University	(14, 19, 22, 55)	110 pts.	12. Hamilton H.	256
Aber. Univ.	119	5. Teviotdale	121	294
St. And. Un.	131	7. Monkland H.	157	336
Shettleston	191	9. Beith Har.	204	

strong and powerful Fergus Murray strode to an uncomprising victory, most out-classing the opposition in the junior championship. Young Evans both ran well to back-up their more illustrious team-mates Gray and Elson and ensure the team title for the 'Varsity'. George Smilee with only one months serious training under his belt ran brilliantly for 9th place. Alasdair Heron, though his calf muscles laced-up, hung-on doggedly to 16th place, while David Gunn, Roy Masson & Jim Nebber all packed well to help the club finish second in the team race.

YOUTHS " 3 Miles

I. McCafferty	Motherwell	14.12	4. J. Brennan	Maryhill	14.39
C. Young	Springburn	14.23	5. T. Brown	St. Modans	14.41
C. Carroll	Edin. A.C.	14.27	6. A.D. Middleton	Springburn	14.54

I. Wedlock (Shett) 15.01 8. W. Fleming (Kirk) 15.06 9. R. Darroch (M'w-)
) 15.09 10. J.W. Raeburn (Teviot) 15.12 11. K. Lawrie (Stranraer) 15.
12. H. Flockhart (Kirk) 15.14 13. J. Reilly (VP) 15.17 14. S. Grant
well) 15.21 15. T. Hughes (Dumb) 15.25 16. G. Kay (Shett) 15.25 17.
ee (Kirk) 15.26 18. W. Eadie (St. Mod) 15.28 19. D.B. Fleming (Heriots)
28 20. D. Smith (Kirk) 15.30 21. G. Skinner (Shett) 15.34 22. N. Jamie-
(Heriots) 15.35 23. J. Simpson (Pais) 15.37 24. A. Mentiplay (Kirk)
37 25. M. Bradley (Pais) 15.37 * 26. C. Jarvie (Camb) 27. K. Nimmo
lh) 28. W.B. Fleming (Heriots) 29. R. Oliver (DHH) 30. D. Tees (Spring)
J. Linton (Kirk) 32. J. Forbes (ESH) 33. M. Struthers (Pais) 34. B. Kin-
g (Pais) 35. W. Christie (Kirk) 36. P.K. Templeton (Kirk) 37. I. Fairnie
Sp) 38. I. Hamilton (Spring) 39. R. Shields (Clyd) 40. A. McFarlane (St.)
) 41. K. Shepherd (Gr. WP) 42. G.E. Borthwick (Heriots) 43. W. Pearce
viot) 44. R. Stevenson (Myhill) 45. J. Bottomley (Gr. WP) 46. M. Prens-
e (St. Mod) 47. A. Witts (ESH) 48. T. Christie (St. Mod) 49. F. Morton
ring) 50. G. Spence (Gr. GP) 51. J. McBain (ESH) 52. W. Bruce (ESH) 53.

8. Findlay (M'well) 54. R. McCormick (Garsc) 55. G. Napier (Camb) 56. S.
McCrae (Kirk) 57. J. Lees (VP) 58. I. Robertson (DHH) 59. I. Roseweir
(Larkhall) 60. K. Sigrist (Glas. Unatt) 61. D. McFarquhar (Ab. Un) 62. J.
Brown (Spring) 63. T. Dolan (Shett) 64. J. Kidd (Garsc) 65. D. Cameron
(Ab. AC) 66. I. Logie (Clyd) 67. C. Souter (RC/S&T) 68. F. Rose (Gr. WP)
59. J. Daubney (Ayr) 70. K. Guild (DHH) 71. V. Coulter (EAC) 72. W. Ferrie
(Dumb) 73. S. Foreman (Gr. GP) 74. J. Thomson (Larkhall) 75. J. Lappin (VP)
76. G. Newman (Gr. WP) 77. N. Gallagher (Belh) 78. I. Dalglish (Spring)
79. R.P. Goldie (EAC) 80. R. Arthur (Gr. GP) 81. B. Robertson (Shett) 82. G.
Loughlin (Spring) 83. I. Martin (Kirk) 84. W. Currie (Kilm) 85. C. Turner
(Gr. GP) 86. J. Crossan (Belh) 87. J. Shields (Clyd) 88. J. Cryne (Heriots)
89. D. Austin (GU) 90. A. McKenzie (Myhill) 91. P. McArdle (Pais) 92. F.
Flannigan (LwSp) 93. A.K. Boyd (Ham) 94. G. Smith (Ab. AC) 95. P.J.D. Smith
96. D.J. Wood (ESH) 97. W. Purdie (Gr. WP) 98. R. Gray (Kirk) 99. P. McGil-
livray (Belh) 100. A.R. Gloyne (Heriots) 101. R.A. Dunn (ESH) 102. M.
Owler (DHH) 103. I. Smith (Kilm) 104. R. McCord (Gr. GP) 105. G. Riggeling
(Gr. GP). correction:- 95 runs for Heriots

Team Title

1. Kirkcaldy Y.M.C.A.	(8, 12, 17, 20)	57 pts.	10. Dun. Hawhill	259
2. Springburn Har.	(2, 6, 30, 33)	76 pts.	11. Gr. Glenpark	288
3. Motherwell Y.M.C.A.	(1, 9, 14, 53)	77 pts.	12. Bellahouston	289
4. Shettleston H.	107	5. St. Modans A.C.	109	
6. Heriot's Sch.	111	7. Paisley Har.	115	
8. Edin. Southern	182	9. Gr. Wellpark	240	

Ian McCafferty improved on his second place of last year by winning the youth title. Kirkcaldy Y.M.C.A. proved the value of good packing by retaining the team title, although their first man could only finish 8th. John Forbes tried hard at the beginning of the race to stay with the leaders, but was not quite fit enough, and fell back with the rest of our team, who were well below their best.

"BOYS" 1½ Miles.

1. W.D. Donaldson	Edinburgh A.C.	9.35	4. S. Knox	Springburn	10.05
2. T. Dobbin	Gr. Glenpark	9.51	5. J. Fleming	St. Modans	10.07
3. W.G. Kerr	Edinburgh A.C.	9.57	6. C. Martin	Dumbarton	10.10

7. R. Colvin (Spring) 10.11 8. K. Somerville (EAC) 10.14 9. H. Gorman
(Spring) 10.17 10. J. Giles (M'well) 10.18 11. T. Findlay (Beith) 10.19
12. G. Hay (EAC) 10.20 13. D. Aitken (St. Mod) 10.20 14. P. Donnelly (ESH)
10.25 15. G. Millar (VP) 10.28 16. N. Leitch (ESH) 10.30 17. C. Mitchell
(Spring) 10.30 18. F. J. Steel (EAC) 10.32 19. I. Sloan (St. Mod) 10.33
20. D. Walker (Shett) 10.39 21. R. Nichol (Teviot) 10.39 22. A.D.K. Ramsay
(Heriots) 10.42 23. G. Craig (Larkhall) 10.43 24. T. Lee (Kirk) 10.44
25. D. Dingle (EAC) 10.45 * 26. G. Brown (DHH) 27. D. Wilson (Heriots)
28. G. Cooke (Spring) 29. G. Allan (Gr. GP) 30. M. Pollard (Gr. WP)

,G.Porteous (ESH) 32,D.Craig (ESH) 33,W.Tait (DHH) 34,T.Page (Pais)
 ,W.Bennett (LwSp) 36,W.Nichol (Teviot) 37,G.McEwan (Pais) 38,A.
 berts (St.Mod) 39,A.Kerr (Kirk) 40,D.Anderson (Shett) 41,M.Ewing
 r.GP) 42,T.A.Brown (Dumb) 43,M.Green (DHH) 44,J.Conroy (Teviot)
 ,S.Sewyer (Myhill) 46,W.Minnis (Monk) 47,J.Bebington (Kilm) 48,K.
 lson (Garsc) 49,J.Wood (Belh) 50,I.Blair (Clyd) 51,T.Carlyle (Her-
 ts) 52,D.Mars (VP) 53,H.McLeish (Shotts) 54,D.Henry (Gr.GP) 55,
 A.Smith (Heriots) 56,J.Wilshaw (Clyd) 57,T.McCarthy (Shett) 58,J.
 ll (Shett) 59,T.McAllister (St.Mod) 60,G.Leitch (ESH) 61,J.Gallo-
 y (M'well) 62,J.Band (Kirk) 63,J.McPhee (Kirk) 64,I.Murray (Gr.GP)
 ,M.McMahon (Shett) 66,S.Henderson (Teviot) 67,V.Cammack (DHH) 68,
 Robertson (Spring) 69,D.Stamford (Kirk) 70,M.Hutchison (Kirk) 71,
 Mackie (Kirk) 72,R.Forrest (Shett) 73,J.McBride (Kirk) 74,D.K.Scott
 erriots) 75,R.Hunt (Gr.WP) 76,T.Kerr (Pais) 77,D.Thomson (Gr.GP)
 ,T.Cord (Monk) 79,K.Laurence (Kirk) 80,J.Fallen (Shett) 81,B.R.
 line (Heriots) 82,T.A.Finn (Monk) 83,A.Prasher (Beith) 84,W.Leith
 Shett) 85,R.Morton (Spring) 86,R.Newman (Gr.WP) 87,J.D.Cabban (EAC)
 ,W.Donnelly (Shotts) 89,G.Johnstone (Belh) 90,R.Hamilton (Spring)
 ,S.Watson (Myhill) 92,I.Allan (Myhill) 93,W.Paterson (LwSp) 94,T.
 Sheill (Heriots) 95,F.Menzies (LwSp) 96,L.Pennycook (Belh) 97,R.
 ertson (DHH) 98,D.McEachren (Belh).

Team Title

Edinburgh A.C., (1, 3, 8,12) 24 pts	8.Dun. Hawkhill 169
Springburn Har. (4, 7, 9,17) 37 pts	9.Shettleston 175
St. Modans A.C. (5,13,19,38) 75 pts	10.Kirkcaldy Y.M. 188
Edin. Southern 93 5.Gr. Glenpark 126	11.Bellahouston 232
Heriot's Sch. 155 7.Teviotdale 167	

The Boys race was a triumph for our neighbours E.A.C., who had in the
 long striding Donaldson an easy individual winner. Counting four in
 the first twelve E.A.C. won the team title reasonably easily from a
 strong Springburn Team. Though Peter Donnelly and Neil Leitch ran well,
 the rest of the team were far below their East District Championship
 form, and we had to be satisfied with fourth place.

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